

Evergreen Assisted Living March 2023 Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| <p>LUNCH 5</p> <p>Baked Turkey Mashed Potatoes w gravy Peas and Carrots Coconut Creme Pie</p> <p>DINNER</p> <p>Ranch Baked Chicken Yams and Veggie Succotash Jello</p> | | | <p>LUNCH 1</p> <p>Hot Dog Dill Pickles Sweet Potato Fries Marble Cake</p> <p>DINNER</p> <p>Turkey Melt Potato Chips & Fruit Chefs Dessert</p> | <p>LUNCH 2</p> <p>Rubeun Sandwich Sliced Melon Coleslaw Ambrosia Salad</p> <p>DINNER</p> <p>Chicken Pot Pie Asparagus Dinner Roll Fruit Salad</p> | <p>LUNCH 3</p> <p>Shrimp Alfredo Broccoli Sauteed Garlic Bread Chocolate Pudding</p> <p>DINNER</p> <p>Hawaiin Meatballs Brown Rice Oriental Veggies Pineapple Upside Down Cake</p> | <p>LUNCH 4</p> <p>Baked Salmon Roasted Potatoes Steamed Cauliflower Strawberry Mousse</p> <p>DINNER</p> <p>Lamb Stew Steamed Carrots Chefs Dessert</p> |
| | | | <p>LUNCH 6</p> <p>Grilled Ham & Cheese Onion Rings Watermelon Eclairs</p> <p>DINNER</p> <p>Crab Cake Ceasar Salad Chocolate Cake</p> <p>Purim Begins</p> | <p>LUNCH 7</p> <p>Veggie Quiche Green Beans White Cake</p> <p>DINNER</p> <p>Sweet & Sour Chicken White Rice Steamed Zucchini Chocolate Chip Cookies</p> | <p>LUNCH 8</p> <p>Tuna Lettuce Wraps Beet Salad Apple Pie</p> <p>DINNER</p> <p>Spaghetti & Meatballs Garlic Rolls Steamed Broccoli Peach Cobbler</p> | <p>LUNCH 9</p> <p>Pepperoni Pizza Spinach Arugula Salad Ranch Brownies</p> <p>DINNER</p> <p>Breaded Catfish Cous Cous Collard Greens Creme Puffs</p> |
| <p>LUNCH 12</p> <p>Egg Salad Sandwich Tomato & Cucumber Berry Mix Lemon Meringue Pie</p> <p>DINNER</p> <p>Chicken Parmesean Steamed Cauliflower Ice Cream</p> <p>Daylight Saving Time Begins</p> | <p>LUNCH 13</p> <p>Philly Cheese Steak Pasta Salad Frsh Fruit Carrot Cake</p> <p>DINNER</p> <p>Mac and Cheese Steamed Carrots Wheat Toast Marble Cake</p> | <p>LUNCH 14</p> <p>Chicken Quesadilla Spanish Rice Sour Cream Churros</p> <p>DINNER</p> <p>Pasta Primavera Lima Beans Garlic Bread Chocolate Mousse</p> | <p>LUNCH 15</p> <p>Blackened Fish Root Vegetables Quinoa Red Velvet Cupcakes</p> <p>DINNER</p> <p>BBQ Meatloaf Corn on the Cobb Mashed Potatoes Cherry Pie</p> | <p>LUNCH 16</p> <p>Turkey Ranch Wrap Macaroni Salad Potato Chips Jello</p> <p>DINNER</p> <p>Fried Chicken Potato Salad Green Beans Peach Turnover</p> | <p>LUNCH 17</p> <p>Stuffed Bell Peppers Steamed Broccoli Sweet Potato Strawberry Cake</p> <p>DINNER</p> <p>Corned Beef Red Baked Potatoes Keylime Pie</p> <p>St. Patrick's Day</p> | <p>LUNCH 18</p> <p>Veggie Egg Roll Oriental Veggies Fried Rice Egg Custard</p> <p>DINNER</p> <p>Garlic Salmon Cous Cous Asparagus Sauteed Pumpkin Pie</p> |
| <p>LUNCH 19</p> <p>Fish and Chips Cole Slaw Ice Cream Sandwich Fruit Cobbler</p> <p>DINNER</p> <p>Baked Ziti Garlic Bread Brussel Sprouts Chocolate Cake</p> | <p>LUNCH 20</p> <p>Tuna Salad Pita Wrap Mediterranean Salad Fresh Fruit Brownies a la mode</p> <p>DINNER</p> <p>Pork Chops Steamed Squash Brown Rice</p> <p>Spring Begins</p> | <p>LUNCH 21</p> <p>BBQ Beef Sandwich Three Bean Salad Watermelon Eclairs</p> <p>DINNER</p> <p>Beef Stroganoff Egg Noodle Steamed Carrots Cookies</p> | <p>LUNCH 22</p> <p>Normandy Chicken Veggies Succotash Baked Potatoe</p> <p>DINNER</p> <p>Fish Tacos Red Cabbage Slaw Pound Cake</p> <p>Ramadan Begins</p> | <p>LUNCH 23</p> <p>Homemade Chili Cornbread Green Beans Apple Pie</p> <p>DINNER</p> <p>Meat Balls Mashed Potatoes Steamed Cauliflower Chef Dessert</p> | <p>LUNCH 24</p> <p>Shrip Scampi Dinner Roll Steamed Broccoli Vanilla Pudding</p> <p>DINNER</p> <p>Garlic Lemon Chicken Steamed Zucchini Strawberry Mousse</p> | <p>LUNCH 25</p> <p>Cheeseburger Potato Salad Fresh Fruit Ice Cream</p> <p>DINNER</p> <p>Eggplant Parmesean Garlic Toast Steamed Squash</p> |
| <p>LUNCH 26</p> <p>Turkey Club Beet Salad Berry Mix Fruit Jello</p> <p>DINNER</p> <p>Chefs Salad Side of Ranch Tres Leches Cake</p> | <p>LUNCH 27</p> <p>Honey Mustard Chicken Zucchini Cous Cous Strawberry Short Cake</p> <p>DINNER</p> <p>Breaded Fish Brussel Sprouts Brown Rice Creme Puffs</p> | <p>LUNCH 28</p> <p>Tuna Salad on Lettuce Fresh Fruit Tapioca Pudding</p> <p>DINNER</p> <p>Classic Spaghetti Steamed Green Beans German Chocolate Cake</p> | <p>LUNCH 29</p> <p>Rosemary Turkey Red Baked Potatoes Peas and Carrots White Cake</p> <p>DINNER</p> <p>Beef & Broccoli White Rice Ice Cream Sundae</p> | <p>LUNCH 30</p> <p>Sloppy Joe Carrott Slaw Potato Salad Coconut Creme Pie</p> <p>DINNER</p> <p>Chicken Pot Pie Sauteed Broccoli Cherry Pie</p> | <p>LUNCH 31</p> <p>Pepperoni Pizza Cesar Salad & Fruit Ice Cream</p> <p>DINNER</p> <p>Kielbasa Sausage Penne Pasta & Veggie Eclairs</p> |  |