

EVERGREEN

Where You Live Matters

THE ROYAL BALL MARCH 7

Who will rise as the diamond of the season?

TASTE OF THE WORLD MARCH 8

Try some Southern Fried Green Tomatoes!

ST. PATRICK'S DAY FESTIVAL

March 17
CELEBRATING THE LUCK O' THE IRISH

March 23
MARK COLE ENSEMBLE
VETERAN PIANIST AND ENTERTAINER RETURNS

MARDI GRAS CARNIVAL

*Join us on March 1st for this Fat Tuesday Extravaganza!
We'll celebrate this year's Mardi Gras with a celebratory carnival,
many colored beads, and dine on delicious tasty treats!*

RESIDENT SPOTLIGHT

IRMA M.



IM  A
NURSE
♥WHAT'S YOUR♥
SUPERPOWER?

Irma M. is our March resident of the month. Always outspoken, fair-minded, and highly intelligent, this special lady prides herself on being a nurse from the state of New York.

Learn more about Irma at our New Resident Happy Hour on Friday, March 25th at 3:00 p.m.



*New Resident
Happy Hour*

Meet and Get to Know
ALL OF OUR NEW RESIDENTS!

Learn more about our
Resident of the Month,

Irma M.
ON FRIDAY, MARCH 25 AT 3:00 PM

RESIDENT BIRTHDAYS

Irma M.	3/18
Venita R.	3/23
Joan B.	3/29
Nancy D.	3/31

HOLIDAY CELEBRATIONS

3/01	Mardi Gras
3/02	Ash Wednesday
3/08	International Women's Day
3/13	Daylight Savings begins
3/16	Purim begins
3/17	St. Patrick's Day
3/20	Spring begins

RELIGIOUS SERVICES

faith

Christian Bible Study
Saturday at 3:00 p.m.
Catholic Services
Sunday at 11:00 a.m.
Shabbat
Friday at 4:00 p.m.

Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Monday, Wednesday and Friday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!



The Beautician
IS IN

**SUNDAY
STARTING
AT
9:00 A.M.**

PLEASE BOOK
APPOINTMENTS THROUGH
OUR CONCIERGE:
(818) 843-8268

MARCH

Activities & Events



THE ROYAL BALL Celebrate Love, Dance, & Music!

Monday, March 7 | 2:00 pm

This is your chance to mingle with the “Ton” as you take part in this magical and interactive Royal Ballroom Dance.

TASTE OF THE WORLD Fried Green Tomatoes

Tuesday, March 8 | 2:00 pm

Your tastebuds will thank you when you bite into this savory Southern treat! It’s a true classic, and even better than the movie!



Spring Bling Pop-Up Shop

Monday, March 21 | 10:00 am

Popular jewelry craftswoman Carolyn will dazzle with another blingy visit. Get ready for Spring as she’ll tempt us with her “*all that glitters*” Spring collection baubles.



MARK COLE MUSIC ENSEMBLE

Wednesday, March 23 | 3:00 pm

An Evergreen favorite, veteran pianist and performer Mark Cole returns to entertain us with another wonderful concert.



RESIDENT COUNCIL MEETING

Thursday, March 31 - 3:00 pm



“

I love March as it gives me hope that new beginnings are always beautiful.

~ Anamika Mishra



Lady Thistledown's SOCIETY PAPERS

March 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

You’ll never guess what we heard... it’s been whispered that the forever-young Cassandra Peterson’s own mother used to live here, and when she’d visit, residents would often recognize her as “Elvira” without her famous “Mistress of the Dark” makeup! Lucky Cassandra’s youthful genes were likely passed on by her own winsome mother!

The recent reteam of screen legends Jane Fonda and Lily Tomlin turned out the 2021 film, *Moving On*. We bet you didn’t know that part of this comedy movie was actually filmed here at Evergreen!

And speaking of stars... one of our longest living residents (Lee) had featured cameos in other movies filmed here, too! An Evergreen star is born!



EMPLOYEE OF THE MONTH MIRIAM A. Caregiver

Miriam consistently ensures that our residents at Evergreen receive the finest care possible. As a bonified over-achiever, she makes certain to attend to the complete wellbeing of every resident in her care. Miriam is one of the most hard-working, efficient and innovative employees we have had the pleasure of working with at Evergreen!

Sunday

Monday

Tuesday

Wednesday



BREAKFAST 6
 Bagels w/ Lox, Cream Cheese, Cucumber & Tomato, Side of Fresh Fruit
LUNCH
 Normandy Chicken
 Lyonnaise Potatoes, Roasted Squash
 Banana Cream Cake
DINNER
 Vegetable Egg Rolls
 Fried Rice and Chinese Mandarin Salad
 Spumoni Ice Cream

BREAKFAST 7
 Buttery Biscuits & Jam, Eggs
 Side of Fresh Fruit
LUNCH
 Tomato and Rosemary Osso Bucco
 Polenta and Provencal Vegetable Tian
 Classic Éclair
DINNER
 Grilled Portobello & Swiss Panini
 Fig Couscous Salad
 Cookies ala Mode

BREAKFAST 8
 Cheesy Potato and Eggs w/ Sliced Avocado & Side of Fresh Fruit
LUNCH
 Drunken Mussels Fettuccini w/ Beurre Blanc, Asparagus, Fresh Herbs
 Butter Garlic Naan
 Berry Fruit Tarts
DINNER
 Steak Salad w/ Avocado, Tomatoes, Cucumber, Feta Cheese & Onions
 Peach Pie

BREAKFAST
 Buckwheat Pancakes
 Side of Fresh Fruit
LUNCH
 Salmon w/ Chimichurri
 Boiled Potatoes & Fresh Fruit
DINNER
 Chicken Tacos w/ Beans, Spanish Rice
 Banana Bread

BREAKFAST 13
 Mini Egg Bites, Avocado Toast
 Side of Fresh Fruit
LUNCH
 Baked White Fish, Pommes Frites
 Tartar Sauce, Lemon & Gherkins
 Chocolate Souffle
DINNER
 Baked Ziti w/ Garlic Butter Focaccia
 Gratin Artichokes & Swiss Chard
 Creme Caramel Custard Ladyfingers

BREAKFAST 14
 Egg White Omelet w/ Spinach, Onions, Tomatoes & Cheese, Toast, Side of Fruit
LUNCH
 The Ultimate Pot Roast
 Vichy Carrot, Pomme Puree
 Molten Chocolate Cake
DINNER
 Ranch Chicken Wrap
 Side of Mango & Corn Salad
 New York Cheesecake & Strawberries

BREAKFAST 15
 Blueberry Waffles, Any Style Eggs
 Side of Fresh Fruit
LUNCH
 Baby Back Ribs w/ BBQ Sauce, Cole Slaw Salad, Roasted White Corn
 Tapioca Fruit Tarts
DINNER
 Portobello Mushroom Ravioli in Antipesto Sauce, Garlic Crostini, Charred Cumin Asparagus
 Peach Cobbler ala Mode

BREAKFAST
 One Pan Breakfast
 Crispy Bacon
LUNCH
 Trout Ala Meunier
 Barley Pilaf & Ratafou
 Orange Crêpes
DINNER
 Loaded Bacon, Mushroom
 Broccoli
 Vanilla Cream Puff

BREAKFAST 20
 Cheesy Scrambled Eggs,
 Corned Beef Hash and Fresh Fruit
LUNCH
 Seared Shrimp in Veloute Sauce,
 Roasted Vegetables, Bulger Salad
 Chef's Cake of the Day
DINNER
 Classic Club Sandwich: Turkey, Bacon,
 Tomato, Lettuce, Herb Aioli & Fruit Salad
 Cinnamon Sugar Palmiers

BREAKFAST 21
 Bacon & Mushroom Omelet
 Biscuits & Side of Fresh Fruit
LUNCH
 Pork Chop w/ Beurre Blanc, Creamy
 Mushroom Sauce, Steamed Potatoes
 Apple Walnut Spinach Salad
 Pear Tart Tatin
DINNER
 Cheese Enchiladas, Refried Beans,
 Spanish Rice & Pico de Gallo
 Fresh Baked Cookies

BREAKFAST 22
 Banana Nutella Crepes, Eggs
 Side of Fresh Fruit
LUNCH
 One Pan Honey Salmon, Green Beans
 Spätzle w/ Herb Beurre Blanc
 Baked Apples
DINNER
 Honey Mustard Chicken Spring
 Spinach, Bacon, Berries, Feta
 Cheese, Tomatoes & Balsamic Dressing
 Mixed Fruit Salad Bowl

BREAKFAST
 Breakfast Hash
 Panini, Eggs & Side of Fruit
LUNCH
 Seared Steak
 Rosemary & Thyme
 Grilled Parmesan
 Gingerbread
DINNER
 Soba Noodles
 Asian Slaw
 Apple Tarts

BREAKFAST 27
 Buckwheat Pancakes
 Sausage, Eggs & Fresh Fruit
LUNCH
 Sweet-n-Sour Pork Ribs
 Vegetable Jasmine Rice Medley
 Ice Cream Sundae
DINNER
 Chicken Taco Salad: Lettuce, Cheese,
 Pico de Gallo & Guacamole
 Chocolate Eclairs

BREAKFAST 28
 Berry French Toast
 Eggs & Side of Fresh Fruit
LUNCH
 Seafood Cioppino
 Crispy Garlic Crostini
 Bourbon Vanilla Fruit Tart
DINNER
 Grilled Ham Citrus Sauce
 German Potato Salad and Vegetables
 Coffee Cake

BREAKFAST 29
 Breakfast Turkey Melt w/
 Avocado, Eggs & Side of Fruit
LUNCH
 Hungarian Beef Goulash
 Side of Mushroom Pasta Stroganoff
 Fruit Jell-O
DINNER
 Basque Country Chicken w/ Tomatoes
 Peppers, Onions & Potatoes
 Chocolate Souffle

BREAKFAST
 Mini Bacon
 Side of Fresh Fruit
LUNCH
 Ragout of Lamb
 Potato, Peas & Spinach
 Parmesan Gnocchi
 Almond
DINNER
 Eggplant Parmesan
 Vegetable & Potato
 Bread Pudding

Wednesday	Thursday	Friday	Saturday
BR BREAKFAST 2 Toast w/ Hummus, Potato & Avocado LUNCH French Crème Dechalote Style Gnocchi Asparagus Turnover DINNER Tus Veggie Burger French Potato Salad with Berries	BR BREAKFAST 3 Belgian Waffles w/ Maple Syrup Fried Eggs, Fresh Fruit LUNCH Turkish Chicken Kebabs Chickpea Rice Pilaf and Broccoli Fruit Tart DINNER Sauté Shrimp on a Bed of Charred Summer Vegetables Salad Orange French Yogurt Cake with Marmalade Glaze	BR BREAKFAST 4 Nutella Strawberry Crepes, Eggs, Side of Fresh Fruit LUNCH Slow Cooker Beef Brisket & BBQ Sauce Red Boiled Potatoes & Braised Cabbage Almond Pound Cake DINNER Lemon Sole with Fish Veloute Roasted Beets, Turnip and Carrots Haricots Verts Almondine Sponge Cake with Strawberry Coulee	BR BREAKFAST 5 Paprika Fried Eggs Side of Breakfast Potato and Fruit LUNCH Sweet and Sour Pork Skewers Cole Slaw Salad and Roasted Corn Custard Cream Apple Pie DINNER Rigatoni Al Segreto, smoked Turkey Sausage, Pink Sauce Parmigiano Reggiano Lebanese Mountain Garlic Bread Barigoule of Spring Vegetables Tres Leches Cake
BR BREAKFAST 9 Pancakes, Eggs Side of Fruit LUNCH Chimichurri Sauce French Green Beans Jell-O DINNER Cabbage, Refried Rice & Guacamole Pasta Split	BR BREAKFAST 10 Crispy Bacon & Eggs, Hash Browns & Side of Fruit LUNCH Pork Blanquette Baked Sweet Yam Shaved Brussel Sprouts Pineapple Upside Down Cake DINNER Cannelloni with Ricotta Cheese Spinach & Arugula Salad Ambrosia Salad	BR BREAKFAST 11 Denver Omelet, Biscuits Sausage Links & Side of Fruit LUNCH Turkey Pot Pie Roasted Butternut Squash, Carrots, Turnip & Cauliflower Wedding Cake DINNER Salami & Swiss Cheese Sandwich Southwestern Style Quinoa Salad Tapioca Pudding	BR BREAKFAST 12 French Toast with Peach caramel topping, Scrambled eggs and Avocado LUNCH Tofu Vegetable Stir Fry w/ Cashews, Over Cauliflower Rice Apple Tart Tatin DINNER Classic Quiche Lorraine Burrata arugula, spring mixed lettuce, tomatoes, Crostini, balsamic dressing Strawberry Cheese Cake
BR BREAKFAST 16 Roast Potatoes, Eggs, & Side of Fruit LUNCH Creole Mushroom and Ratatouille Vegetables Cream Cake DINNER Mac N' Cheese w/ Spinach & Chives French Pastry w/ Berries	BR BREAKFAST 17 Sausage, Mushroom & Tomato Skillet Baked Beans, English Muffin & Fruit St. Patrick's Day Lunch Slow Cooker Corned Beef Brisket, Cabbage, Celery & Onion, Red Potatoes Key Lime Pie DINNER Winter Squash Lentil Stew w/ Spinach Shamrock Soda Bread Irish Apple Cake	BR BREAKFAST 18 Blueberry Pancakes, Scrambled Eggs Side of Fresh Fruit LUNCH Herbs Crusted White Fish Over Brown Rice & Roasted Vegetables Strawberry Cake DINNER Sloppy Joes on Brioche Bun Cole Slaw & Side of Watermelon Peach Cobbler & Fresh Cream	BR BREAKFAST 19 Bagels, Lox & Cream Cheese Lettuce, Tomato, Cucumber, Capers LUNCH Chicken Marsala Milanese Escalope Lyonnaise/onions w/ vinegar Sauce Corsican Lemon Mousse DINNER Veal Stroganoff over Linguine Pasta Peas and Carrots and Garlic Roll Bourbon Vanilla Cream
BR BREAKFAST 23 Pancake and Cheese Side of Fresh Fruit LUNCH Steak Au Poivre Roasted Potatoes Pan Asparagus French Cake DINNER Chicken Carbonara French Potato Salad Turnover	BR BREAKFAST 24 Southwest-Style Hash Browns Avocado, Side of Fresh Fruit LUNCH Fish Provencal, Crispy Polenta, Lemon Bearnaise Sauce, Mashed Turnips & Roasted Zucchini Vanilla Fruit Tart DINNER Grilled Cheese Sandwich, Hearty Chicken Noodle Soup Tapioca Pudding	BR BREAKFAST 25 Bagels, Lox & Cream Cheese, Arugula, Tomatoes, Cucumber & Fruit LUNCH Fettuccini Alfredo w/ Turkey Meatballs Garlic Bread and Speared Zucchini Banana Split DINNER French Dip Sandwich Crispy Onion Rings, Burrato & Tomato Arugula Salad in Herb Olive Oil Crème Brûlée	BR BREAKFAST 26 Cinnamon Coffee Cake/Streusel/Crumb Topping, Scrambled Eggs, Fresh Fruit LUNCH Chicken Cordon Bleu Ratatouille Vegetables & Crostini Cheese Cake DINNER Sun-dried Tomato, Basil/Cheese & Olive Oil Olives/Capers Flatbread Side of Caesar Salad Butter Pecan Ice Cream
BR BREAKFAST 30 Pancake & Egg Bites Side of Fresh Fruit LUNCH French Sauce Poulette Creamed Spinach, Garlic Bread French Cake DINNER Chicken, Roasted Potatoes Lentil Salad Tapioca Pudding	BR BREAKFAST 31 Mushroom & Spinach Omelet, Avocado Toast & Side of Fresh Fruit LUNCH Pasta alla Genovese/Meat Sauce Herbs/Parmesan Garlic Naan Lemon Cake DINNER Basil Pesto Flatbread: Mozzarella, Red Onions, Tomatoes & Artichokes Sponge Cake with Berries	 <h1 style="font-size: 2em; margin: 0;">March 2022</h1>	

contacted via email at chef@evergreenretire.com. Menu subject to change without notice.

You are invited to attend
The Royal Ball
*Who Shall Rise as the
Diamond of the Season?*



NOSTALGIC

Corner

VALENTINES DAY
SUPER BOWL
BIRTHDAYS!



Celebrate Love, Dance & Music

March 7th from 2:00 to 4:00 p.m.

*Mingle with other members of the "Ton" as you partake in a
Royal afternoon of interactive ballroom dance
with music featuring Todd Elliott.*

Please RSVP to our concierge at (818) 843-8268



ST. PATRICK'S DAY FUN ACTIVITIES

MARCH 16

3:00 CRAFTING SHAMROCK
BROOCH PINS

MARCH 17

9:00 LUCK O' THE LATTES
3:00 ST. PATTY'S DAY
BEER FLIGHTS



CRAFT C O R N E R

Did you know that March is National Craft Month? This is the month we are encouraged to discover (or rediscover!) our love of crafting. This month, our Evergreen crafters will explore their crafting creativity!

Saturday, March 5 - 3:30 pm

Drawing Druthers: Celtic Symbols

Sunday, March 6 - 3:00 pm

Mason Jar Flower Arrangements

Saturday, March 12 - 10:00 am

Plant a Flower Day: Gardening Hour

Sunday, March 13 & 27 - 3:00 pm

Creative Art Class

Tuesday, March 15 - 3:00 pm

Scented Soapmaking: Purim Colors

Wednesday, March 16 - 3:00 pm

Shamrock Brooch Pins

Saturday, March 19 - 3:30 pm

Watercolors: Springtime Pastels

Sunday, March 20 - 3:00 pm

Teacup Floral Arrangements

Tuesday, March 22 - 3:00 pm

Springtime Butterfly Wreaths

Wednesday, March 23 - 3:00 pm

Silhouette Drawing (Wanted Posters!)

Thursday, March 24 - 3:00 pm

Springtime Centerpieces

Tuesday, March 29 - 3:00 pm

Acrylics on Canvas: Gardens

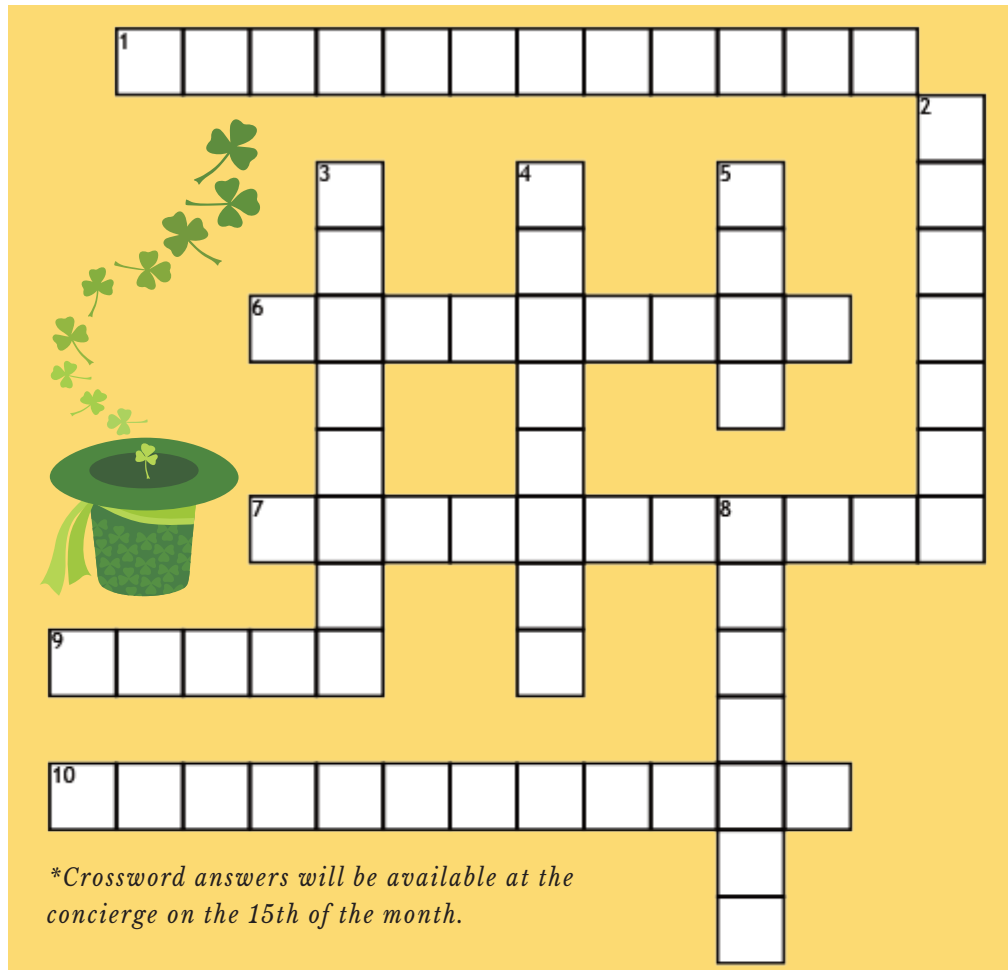


Spring Bling Pop Up Shop MONDAY, MARCH 21 AT 10:00 AM

Carolyn brings her traveling jewelry road show back to Evergreen for another Spring bling visit. Be prepared to dazzle with seasonal sparklers from Carolyn's Spring Bling collection!

ST. PATRICK'S DAY

CROSSWORD



*Crossword answers will be available at the concierge on the 15th of the month.

Check out
community photos
on our social media.



ACROSS

- 1 St. Patrick's Day commemorates the arrival of what to Ireland?
- 6 St. Patrick was _____ when he was 16 years old?
- 7 Where did the 1st St. Patrick's Day parade take place in the United States?
- 9 Where was St. Patrick actually from?
- 10 What was St. Patrick's birth name?

DOWN

- 2 For 6 years of his life, St. Patrick was in _____.
- 3 What beverage sales double from 5.5 million dollars to 10 million dollars on St. Patrick's Day?
- 4 St. Patrick used _____ to teach pagans about the Holy Trinity.
- 5 March 17th is the day St. Patrick _____.
- 8 In what city does the Plumbers Local 110 Union dye a river green to celebrate St. Patrick's Day?

REACH OUT TO OUR
FAMILY SPECIALIST

Tahni Harp

TO ARRANGE FOR A
LUNCH TOUR TODAY!
(818) 843-8268

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment" we will initiate a warm and friendly greeting; treat residents with care and understanding and communicate clearly. We will do our part to implement the essentials of service excellence.

MEET OUR TEAM...

Jonathan Isaacs	Executive Director
Mele Liu	Wellness Director
Mary Jeanty	Business Office Manager
Tahni Harp	Family Specialist
Dawna Butala	Move-In Specialist
Leana Sliva	Activity Director
Martha Reyes	Activities Assistant
Melodie Flores	Community Coordinator
Agabid Lopez	Culinary Director
Angel Martinez	Dining Room Manager

225 North Evergreen Street, Burbank CA 91505 / (818) 843-8268 / license: 197609022