

OCTOBER 2022

COMMUNITY NEWSLETTER

EVERGREEN

A FOCUS ON
**FRED
ASTAIRE**

EVERY WEDNESDAY

*Detailing a
76 year career*

Where You Live Matters

Join our
WEDNESDAYS
OUTINGS
discovering
Los Angeles!

Every Tuesday
DISCOVERING
**SCARY
PAINTINGS**

EXPLORE DARK
AND CREEPY
PAINTINGS

Sunday Morning
**NFL
FOOTBALL**

AND AFTERNOON SPORTS TALK!

BROOMSTICK BASH

Monday, October 31

Hop on your witches broomsticks, grab your wands and hats to join us for a Halloween Party that's sure to make for a wicked good time!

RESIDENT SPOTLIGHT

ALMASY K.



Multilingual, music lover and avid dancer are just a few ways to describe this extremely versatile grandmother of five! Born in Syria, Almasy grew up in Lebanon, and has worked in the clothing, culinary, and hospitality industries before spending 14 years working for the Board of Education. This mother of three can also speak and write fluently in English, Arabic, Assyrian and French. *Mon Dieu!*

RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!
Learn more about our Resident of the Month,

Almasy K.

on THURSDAY, OCTOBER 27 AT 2:45 PM
WITH LIVE ENTERTAINMENT



Celebrate all of our October Resident Birthdays at our

Birthday Party

WITH APPLE CIDER & LIVE ENTERTAINMENT!

THURSDAY,
10/13 AT 2:30 PM

RESIDENT BIRTHDAYS

Abraham Kaya	10/06
Chuck C.	10/29
Zina A.	10/30

HOLIDAY CELEBRATIONS

10/04	Yom Kippur begins
10/09	Sukkot begins
10/10	Indigenous People's Day Columbus Day
10/17	Black Poetry Day
10/17	Shemini Atzeret
10/23	Johnny Carson's Birthday
10/28	Nat'l First Responders Day
10/31	Halloween



Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Sunday, Monday and Wednesday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!

RELIGIOUS SERVICES

Bible Study Club
Saturday at 2:00 p.m.
Church Outing on Sundays
10:00 a.m.
Shabbat: Friday at 5:00 p.m.

The Beautician IS IN

SUNDAY
STARTING
AT
9:00 A.M.

PLEASE BOOK
APPOINTMENTS THROUGH
OUR CONCIERGE:
(818) 843-8268

OCTOBER

Activities & Events



STAND UP COMEDY CENTRAL

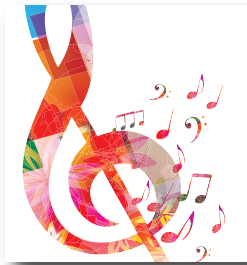
Sundays, 10/02, 09, 16, 23, 30 | 5:30 pm

It's often said that laughter is good for the soul, so plan to join your fellow residents for some welcome comic relief!

WEDNESDAY EVENING CONCERTS

Wednesdays, 10/05, 12, 19, 26 | 5:30 pm

Join us for a musical evening that ranges from Rock to Jazz with David Bowie, Leonard Cohen, John Scofield and other talented artists.



BLACK POETRY DAY

Monday, October 17 | 9:30 am

The first published black poet (Jupiter Hammon, 1711) was born on this day, so today we celebrate the importance of black heritage and literacy. Join us for a poetry reading followed by a discussion.



BLACK POETRY DAY
OCTOBER 17

DANCE AEROBICS WORKOUT

Wednesdays 10/05, 12, 19, 26 | 10:30 am

Not only is aerobic dancing good for you, it's a lot of fun! So get ready to burn some calories, and work out with our Zumba teacher Lisa to upbeat music, and uplift your mood, too!



RESIDENT COUNCIL MEETING

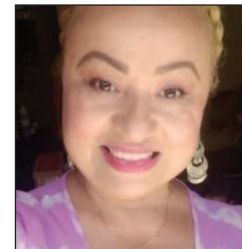
Thursday, 10/27 - 2:00 pm



“

Do it big,
do it right
and do it
with style.

~ Fred Astaire



EMPLOYEE OF THE MONTH OLGA C. Housekeeper

Always a font of positive energy for our Evergreen residents and her co-workers alike, Olga C. is a dynamic presence in our community. A 13-year veteran of the senior living industry, this mother of two daughters, and grandmother of one grandson, is a self-described “open book” to all who have the good fortune to cross her path. A native of Columbia, Olga loves to dance and has been known to enjoy a tasty snack at random times throughout the day!

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Lady Thistledown's SOCIETY PAPERS

October 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Dear Gentle Reader,

It's been making waves around our community that an Olympian Aphrodite is one of our residents here! Born in legendary Athens, Maria F., a daughter of Greek and Italian heritage, represented Greece at the Olympics during the 1950s! Fueled by her love of the ocean, this aquatic Athenian first began swimming for fun, and eventually competition as she began to excel at the sport. With the ocean being only five minutes from her home, her lifelong passion for swimming eventually took her to the biggest stage in the world as a Greek Olympian. Her life and the ocean are synonymous. If you know her, give her a wave!

Cheers and Ta Ta!



Sunday Morning NFL Football

Sundays at 10:30 am and 2:30 pm

For those who can't miss a game featuring their favorite team, there are only 16 of them, so the week-to-week urgency means that every fan is on the edge of their seat for every minute of the game, and every play is meaningful to the outcome of the season. So start your Sundays off right watching an exhilarating game of football! Then join us on Sunday afternoons for our Sunday Sport Talk at 2:30 pm for a discussion on everything sports!

- 10/02 Commanders vs. Cowboys
- 10/09 Chargers vs. Browns
- 10/16 Buccaneers vs. Steelers
- 10/23 Browns vs. Ravens
- 10/30 Steelers vs. Eagles



Monday Debate Club

Mondays at 2:15 pm

Join us for some interesting friendly informal discussions on some very interesting topics.

- 10/03 *Should All People Have the Right to Own Firearms*
- 10/10 *Did Columbus Really Discover America?*
- 10/17 *Roe vs. Wade*
- 10/24 *Should All People Be Legally Required To Get Vaccines?*

Focus on Queen Elizabeth II (1926 to 2022)

After living a long and very consequential life, Queen Elizabeth II passed away at the age of 96. Having pledged that her “whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong.”



Elizabeth Windsor was sometimes referred to as the “Servant Queen.” Across the globe, the world pays tribute to this incredible woman, reflecting on the historic sweep of her reign, as she presided over Britain’s colonial empire and eventually, embraced the independence of England’s former dominions.

In London at Westminster Hall, a mile’s long throng of thousands queued up to offer their deep respect and to see their beloved Queen for one final time. The Queen was buried at St. George’s Chapel at Windsor Castle alongside her beloved husband, Prince Phillip, and her father, King George VI, and her mother, Queen Elizabeth The Queen Mother, and her younger sister, Princess Margaret.

Synonymous with Britain itself, and its longest-reigning monarch (seven decades!), we will all miss this unassuming and hardworking Queen. As we mourn, our grief may also likely be colored by the notion that Queen Elizabeth also represents the passage of time in our own lives.



FIRST RESPONDERS DAY

Friday, October 28

Today we recognize the heroic men and women who take immediate action when a disaster strikes. Firefighters, police, paramedics and more, these are the people that are the first to rush to your side when you need them. Join us in making thank you cards for our first responders.

Wednesday Community Outings

Join us on some fun adventures!



In & Out Burger

October 5 at 11:45 am

Revered by fans around the world, burger aficionados, this is your chance to bite into what some consider the best burger in the world.



Picnic at the Park

October 12 at 11:30 am

Delight your inner child and enjoy the great outdoors, we're going on a picnic!



Huntington Library & Botanical Gardens Museum & Lunch Visit

October 19 at 12:30 pm

This museum has everything! From the gardens, to their famous library and art exhibits, this outing is a So Cal favorite.



Let's Go

To The Movies!

October 26 at 12:30 pm

It's always an adventure at the movies, so jin us for this fun lunch & cinema movie outing.

Church Outings

Every Sunday at 10:00 am

Those who are interested may join us every Sunday at 10:00 a.m. as we visit a local church for their Sunday sermon. Details will be available at the Concierge.

CRAFT

c o r n e r



Pick Your Scene

Witchy Landscape Canvas & Acrylic Painting Series

Friday, 10/21

at 3:30 pm

detail



Cast a Spell

Decorate a Witch's Hat

Friday, 10/21

at 3:30 pm

With a little style and whimsy, an ordinary witches hat becomes a wicked centerpiece!



Dot it Up

Aboriginal Dot Painting

Monday, 10/10

at 3:15 pm

Create your own distinctive dot painting in this well-known Aboriginal style.





BROOMSTICK BASH

COSTUME PARTY & TRICK OR TREAT

MONDAY, OCTOBER 31

PLEASE JOIN US ON THIS HALLOWED EVE FOR
WHAT IS SURE TO BE A WICKED GOOD TIME!

- 11:15 AM WITCHES BREW COFFEE & CURRENT EVENTS
- 2:00 PM WITCHY MAKEUP & FACE TATTOOS
- 3:00 SPELLS AND POTIONS PARTY:
FEATURING LIVE ENTERTAINMENT,
COSTUME CONTEST, DANCE OFF,
PRIZES, AND SPOOKY TREATS AND
EATS
- 5:00 PM A SPELLBINDING HALLOWEEN
DINNER
- 6:30 PM WITCHY FILM FEATURE:
HOCUS POCUS



A Focus On Fred Astaire



The Relentless Pursuit of Perfection

Named by the American Film Institute as the fifth-greatest male star of Classic Hollywood cinema in 100 Years... 100 Stars, Fred Astaire was a virtuoso dancer and was regarded as one of the most iconic figures in dance history. His career spanned 76 years, during which he helped to define the musical film genre.

Mochas and Movie Stars

10/12 9:45 Fred Astaire Trivia

Fred Astaire in Film

Wednesdays at 2:30 pm

10/05 *Romance* (1940)

10/12 *Second Chorus* (1940)

10/19 *Swing Time* (1936)

10/26 *Royal Wedding* (1951)



Discovering Scary Paintings

every Tuesday at 9:45 am

To get us in the mood for All Hallows Eve, we'll explore some of history's darkest and creepiest paintings. Paintings such as these offer insights into the depths of humankind's suffering and fears. Whether it be Francisco Goya's powerful *The Witches Flight* (1798), or Hieronymus Bosch's crazy *The Garden of Earthly Delights* (1490 to 1500), these scary paintings are sure to result in some interesting discussions!

Autumn Astronomy

THE HUNTER'S MOON

Wednesday, October 19 at 9:45 am

In astronomy, October means star gazers can look forward to viewing the “Hunter’s Moon.” October’s full moon is commonly called the Hunter’s Moon as it marked the time when the European and Native American hunters would traditionally use the light of the full moon to track down their prey and stock up for the coming winter. The Hunter’s Moon isn’t actually bigger or brighter than the usual full moon, it simply rises earlier giving hunters brighter moonlight to hunt by following the sun’s setting.

During the Middle Ages, October’s full moon was also known as the “Blood Moon”, due to its undeniable aura of mystique and power. Because the Hunter’s Moon rises closer to sunset, observers will see it as nearer to the horizon, giving off the illusion of the moon being bigger, even though it is really the same size. Viewing the moon at the horizon makes it look redder, which accounts for the eerier designation of the Blood Moon.



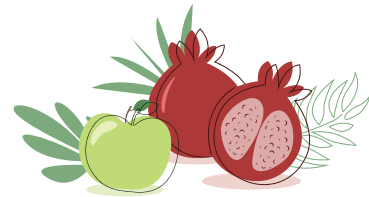
Yom Kippur, Sukkot, Simchat Torah
SEPTEMBER 25 TO OCTOBER 18 PM

If the Jewish year were a train, the High Holy Days would be its engine. These ten “Days of Awe” are a fine blend of joy and dignity, feasting and fasting, prayer and dancing, regret, reflection and celebration. The High Holy Days mark the height of the Jewish New Year.

The High Holy Days actually began with the Jewish New Year, Rosh Hashanah, back in September 2022, and are followed by the Day of Atonement (Yom Kippur), Sukkot, Shemini Atzeret, and ends with the holiday of Simchat Torah.

At Evergreen, we recognize this important time of year with several planned events and discussions, so please look to our October calendar if you would like to join in.

On October 13 at 1:00 pm, our Jewish residents are invited to our fellow community, Garden of Palms, for a celebratory Sukkot Happy Hour!



*Executive
Director*
Chat

**Friday,
10/14
3:00 pm**

HALLOWEEN CROSSWORD

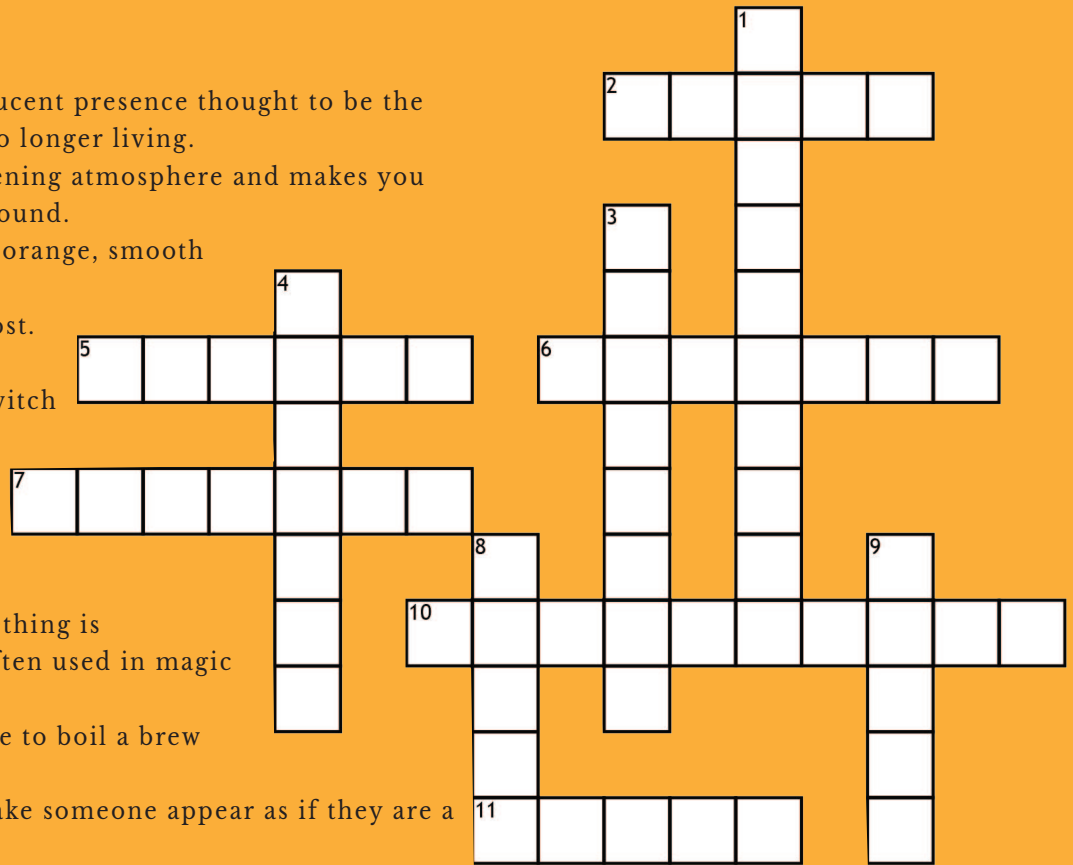
*Crossword answers will be available at the Concierge on the 15th of the month.

ACROSS

- 2 An often invisible to translucent presence thought to be the soul or spirit of someone no longer living.
- 5 A _____ place has a frightening atmosphere and makes you feel like ghosts might be around.
- 6 This winter squash is often orange, smooth and round.
- 7 A place frequented by a ghost.
- 10 While this cleaning tool is regularly used to sweep, a witch uses it to fly upon.
- 11 A mischievous act.

DOWN

- 1 This phrase can mean something is nonsense, but it a phrase often used in magic shows.
- 3 A witch uses this large kettle to boil a brew up in.
- 4 Clothes that are worn to make someone appear as if they are a different person or thing.
- 8 Snack food or candy that is usually high in sugar.
- 9 This person is most often a woman, and is thought to have magical powers.



Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Sheina Oratz

TO ARRANGE FOR A
LUNCH TOUR TODAY!

(818) 843-8268

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

MEET OUR TEAM...

Leana Silva	Executive Director
Shirley Romero	Wellness Director
Mary Jeanty	Business Office Manager
Sheina Oratz	Family Specialist
Dawna Butala	Move-In Specialist
Stanley Fletcher	Activity Director
Martha Reyes	Activities Assistant
Luis Pacheco	Culinary Director
Angel Martinez	Dining Room Manager

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