


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LUNCH</b> 1 Grilled Cheese Tomato Soup, Chopped Fruit Yogurt Parfait  <b>DINNER</b> Yankee Pot Roast Yukon Potatoes, Green Beans Brownies	<b>LUNCH</b> 2 Fish & Chips Coleslaw Rocky Road Pudding  <b>DINNER</b> Chicken Pot Pie Broccoli Dinner Roll Jello Labor Day	<b>LUNCH</b> 3 Cheese Burger Sliced Watermelon Taters Tots Cupcakes  <b>DINNER</b> Chicken Parmesan Dinner Roll, Roasted Carrots Peaches 'n' Creme	<b>LUNCH</b> 4 Florentine Quiche Dinner Roll Mixed Veggies Carrot Cake  <b>DINNER</b> Beef Enchiladas Refried Beans Guacamole & Pico de Gallo Churro	<b>LUNCH</b> 5 Roast Beef Sandwich French Fries, Fresh Fruit Ambrosia  <b>DINNER</b> Creamy Pesto Chicken Pasta, Garlic Bread Veggies, Apple Pie	<b>LUNCH</b> 6 Crab Cakes Corn and Black Bean Salad Fruit Parfait  <b>DINNER</b> Pork Tenderloin Sweet Potato Mash Mixed Veggies White Cake	<b>LUNCH</b> 7 Chili Cheese Dog Mixed Fruit, Potato Salad Ice Cream  <b>DINNER</b> Parmesan Crusted Tilapia Rice Pilaf, Mixed Veggies Chocolate Cake
<b>LUNCH</b> 8 Pulled Pork Sandwiches Sweet Potato Fries, Fresh Fruit Fruit Jello-O  <b>DINNER</b> Beef Goulash Egg Noodle, Steamed Veggies Brownies  Grandparents Day	<b>LUNCH</b> 9 Pastrami Sandwich Dill Pickle, Potato Chips Lemon Cake  <b>DINNER</b> Teriyaki Chicken Fried Rice, Orange Slice Roasted Veggies Egg Custard	<b>LUNCH</b> 10 Baked Ziti Steamed Veggies Garlic Bread Chocolate Chip Muffins  <b>DINNER</b> Turkey Meatloaf Honey Roasted Carrots Mashed Potatoes Blueberry Cobbler	<b>LUNCH</b> 11 Sloppy Joe Tater Tots, Sliced Fruit Banana Bread  <b>DINNER</b> Swedish Meatball Cornbread, Roasted Veggies Tapioca Pudding	<b>LUNCH</b> 12 Turkey Wrap Potato Salad, Sliced Fruit Cherry Pie  <b>DINNER</b> Herb Chicken Rice Pilaf Peas and Carrots Fruit Parfait	<b>LUNCH</b> 13 Chicken Tacos Red Rice, Refried Beans Guacamole Tres Leches Cake  <b>DINNER</b> Homemade Chili Cornbread, Roasted Potatoes Banana Pudding	<b>LUNCH</b> 14 Philly Cheesesteak Watermelon Slices, Pasta Salad Banana Cream Pie  <b>DINNER</b> Hawaiian Chicken Dinner Roll, Green Beans Red Velvet Cake
<b>LUNCH</b> 15 Fish & Chips, Tartar Sauce Coleslaw Peaches N Cream  <b>DINNER</b> Cabbage Roll Garlic Bread Roasted Butternut Squash Peach Pie	<b>LUNCH</b> 16 Ruben Sandwich Fruit, Potato Salad Orange Cake  <b>DINNER</b> Chicken Parmesan w/Pasta Roasted Carrots Garlic Bread Peaches N Cream	<b>LUNCH</b> 17 Crab Cake Tomato Cucumber Salad Watermelon Cupcakes  <b>DINNER</b> Stuffed Peppers Garlic Roll, Mac 'n' Cheese Strawberry Shortcake	<b>LUNCH</b> 18 Grilled Ham & Cheese Sandwich Black Bean & Corn Salad Peach Pie  <b>DINNER</b> Teriyaki Chicken Steamed Rice, Green Beans Sliced Oranges Brownies	<b>LUNCH</b> 19 <b>Patio BBQ</b>  <b>DINNER</b> Chicken Pot Pie Mixed Veggies Dinner Roll Pumpkin Pie	<b>LUNCH</b> 20 Egg Salad Croissant Potato Chips, Fresh Fruit Marble Cake  <b>DINNER</b> Spaghetti w/Meat Sauce Garlic Roll, Mixed Veggies Banana Pudding	<b>LUNCH</b> 21 Adobo Chicken Caesar Salad, Spanish Rice Pineapple Upside Down Cake  <b>DINNER</b> Pork Tenderloin Mashed Sweet Potato Dinner Roll Chocolate Pudding Oktoberfest Begins
<b>LUNCH</b> 22 Shrimp Scampi Green Beans, Garlic Bread Rice Pudding  <b>DINNER</b> Herb Roasted Pork Loin Baked Beans, Asparagus Banana Cream Pie  Autumn Begins	<b>LUNCH</b> 23 Chicken Salad Croissant Black Bean Corn Salad Sliced Fruit Lemon Pie  <b>DINNER</b> Beef Ravioli Green Beans, Dinner Roll Strawberry Mousse	<b>LUNCH</b> 24 Chicken Tacos Spanish Rice, Refried Beans Guacamole Banana Pudding  <b>DINNER</b> Stuffed Manicotti Dinner Roll Mashed Potatoes & Gravy Chocolate Cake	<b>LUNCH</b> 25 Pulled Pork Sandwich Tater Tots, Fresh Fruit Red Velvet Cupcakes  <b>DINNER</b> Homemade Chili Roasted Potatoes, Cornbread Angel Food Cake	<b>LUNCH</b> 26 BBQ Chicken Pasta Salad, Mixed Veggies Boston Cream Pie  <b>DINNER</b> Beef Goulash Steamed Veggies Roasted Potatoes Cookies	<b>LUNCH</b> 27 Chicken Alfredo Garlic Bread Roasted Cauliflower Peach Cobbler  <b>DINNER</b> Parmesan Crusted Tilapia Steamed Rice, Broccoli Marble Cake	<b>LUNCH</b> 28 Chicken a la King Barley Pilaf, Steamed Carrots Angel Food Cake  <b>DINNER</b> Swedish Meatballs Sweet Potato Mash, Green Beans Egg Custard
<b>LUNCH</b> 29 Philly Cheesesteak  French Fries Sliced Fruit Peaches N Crème  <b>DINNER</b> Meatloaf Mixed Veggies, Baked Potato Cherry Pie	<b>LUNCH</b> 30 Adobo Chicken Garden Salad White Rice Strawberry Shortcake  <b>DINNER</b> Spaghetti w/ Meat Sauce Green Beans, Dinner Roll Chocolate Mousse	 <p style="text-align: center;">Evergreen Assisted Living <b>September 2024 Menu</b></p>				